



# Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	01	April	2017		31	March	2018

## Section A Reference and administration details

Charity name

Furness Mental Health Trust

Other names charity is known by

FMHT

Registered charity number (if any)

1152986

Charity's principal address

St Pats Presbytery / Vickers House

914 Michaelson Road, Barrow Island

BARROW-IN-FURNESS, Cumbria

Postcode LA14 2RJ

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	David Ralph	Chair		
2	Ged Egan			
3	Ron Speakman			
4	Keith Blackburn			
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### Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

**Names and addresses of advisers (Optional information)**

Type of adviser	Name	Address

**Name of chief executive or names of senior staff members (Optional information)**

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## Section B Structure, governance and management

**Description of the charity's trusts**

Type of governing document (eg. trust deed, constitution)	CIO Foundation Model Constitution dated 1 April 2013, amended 17 July 2013
How the charity is constituted (eg. trust, association, company)	Charitable Incorporated Organisation (CIO)
Trustee selection methods (eg. appointed by, elected by)	Appointed by the existing trustees

**Additional governance issues (Optional information)**

- In 1990 a small group of Mental Health Service Users setup Furness Mental Health User Group (FMHUG). They then setup a further group, Furness Mental Health Group (FMHG). Over the years the Group had looked for a place to setup a base to work from in one of the following wards: Walney Island, Barrow Island, Central, Hindpool or Ormsgill. Then in 2012 they at last found a base to work from on Barrow Island, so they then felt that the time was right to setup a registered charity, Furness Mental Health Trust (FMHT).

## Section C Objectives and activities

**Summary of the objects of the charity set out in its governing document**

- 1-The relief of sickness and the preservation of health among people with Mental Health problems and their families in particular but not exclusively by the promotion of Mental Health services in the Furness area of Cumbria.
- 2-To advance the education of the general public in all areas relating to Mental Health problems.

**Summary of the main activities undertaken for the public benefit in relation to these objects.**

<p><b>Statutory Declaration:</b> The trustees declare that they have complied with their duty to have due regard to the guidance on public benefit published by the commission in exercising their powers or duties.</p> <p>In the 2013-2014 financial year we secured a base to work from on Barrow Island and had commenced phase 1 of the renovation of the complex.</p> <p>Phase 1 of this five year Mental Health Wellbeing Hub Renovation Project:</p> <p>This renovation project is not like a normal renovation project where you employ a contractor to undertake all of the work. FMHT is a Service User and Carer run and lead Mental Health Charity and this project is being undertaken primarily by people who have Mental Health problems and is a Wellbeing Project to help them rebuild self-confidence, self-esteem and develop new skills to equip them to enable them to get back into the job market. Therefore this Wellbeing Project is a long term project that relies on when Mental Health Service Users are well enough to take part and the availability of Funding Grants to purchase materials etc. and pay contractors for skills not available within the group. We have to remember that Mental Health is like a roller coaster ride, it is very up and down. We can't always progress as fast as we would like to. This is why this is a very important Wellbeing Project.</p> <p>Some of the Outcomes will include:</p> <ul style="list-style-type: none"> <li>Increased self-esteem and self-confidence.</li> <li>Healthier, more active lifestyle.</li> <li>Improved life skills.</li> <li>Improved citizenship skills.</li> </ul>
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**Additional details of objectives and activities (Optional information)**

<p>The final phase of this five year Mental Health Wellbeing Hub Renovation Project:</p> <p>When completed (estimated late 2020, early 2021) the Complex will include: Large Conference Room carpeted 19m x 11m; Large Hall with hard floor 10m x 11m; Cafe/Kitchen; Charity Shop; Meeting Rooms; Lounge; Concert Room; Gym; Games Room - Snooker, Darts, Dominos, Cards; etc; Bingo; Carpet Bowls; Table Tennis; Basketball; Office; Living Accommodation; Garden; Car Park; Fibre Optic Broadband with Wi-Fi; Computers; A/V Equipment; etc.</p> <p>There had been a lot of damage from water entering the building. The Roofer replaced a number of slates and four lead valleys that had been damaged or stolen. Two roofs also had to be completely replaced. We commissioned an electrical installation check which uncovered some serious issues. We also commissioned a gas boiler check and in the process discovered a gas leak and a number of other problems. On lifting the ground floor carpets and lino in three rooms we discovered serious woodworm in the floorboards and rotten floor beams. This resulted in us having to backfill, insulate and concrete the three floors. Two shutters were damaged by attempted break-ins and were repaired, serviced and new locks fitted.</p> <p>The project is behind schedule due to funding, vandalism, break-ins and thefts etc.</p>
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<p>This financial year Volunteers have contributed in excess of 4,300 hours which it is estimated, using the National Living Wage, has saved the Charity around £37,000.</p> <p>The Trustees do not receive payment for their time.</p> <p>The Charity has no paid staff.</p>
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Section D	Achievements and performance
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**Summary of the main achievements of the charity during the year**

<p>The Charity has provided a number of Service Users the opportunity to Volunteer and put their skills to use. As a result of being involved in the project four Service Users this year have found employment.</p> <p>A number of Service Users are benefiting from the loan of computers. This helps them in the learning of digital skills and also adds to their skills to access the job market etc.</p> <p>Service Users and Carers have had a significant input into the Project and helped shape its direction. Service Users and Carers also lead on what facilities the complex will provide when completed.</p> <p>Service Users and Carers in 1990 had decided that the completed complex project would be called “whatever the physical location of the complex project was + Community Centre/Hub”.</p> <p>The Charity has submitted a number of applications for grants this financial year; however all of these except three have been unsuccessful. The only successful ones were: £1,300 from K2B. £400 from K2B / Bluebirds Football. £200 from DSG.</p> <p>This financial year our amount of room hire income is down due to the discovery of the main wooden beams supporting two roof sections were rotten and at risk of collapse. We have however still been able to run a small number of Service User/Carer Groups and Peer to Peer Support Groups.</p> <p>In August 2017 we discovered the main wooden beams supporting two roof sections were rotten and at risk of collapse. We have had quotes in excess of £60,000 for which we are trying to source funding for.</p> <p>After a long delay and number of problems we managed to complete the acquisition of the former St Patricks Catholic Social Club. This was the final piece of the jigsaw in the St Pats Complex.</p>
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Section E	Financial review
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**Brief statement of the charity’s policy on reserves**

**Details of any funds materially in deficit**

<p>The Charity has not yet set a reserves policy, but intend to do so once the final phase of the project is completed.</p>

## Further financial review details (Optional information)

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The Charity received three Grants this financial year:  
K2B £1,300  
K2B £400 / Bluebirds Football  
DSG £200

The Charity this financial year received a further four Long Term Loans totalling £25,000.  
Although not listed in the accounts as restricted the Long Term Loans are primarily for the renovation project. The total interest on our Long Term Loans in the current financial year was £4,000.

The Charity has no investments or investment policy.

## Section F

## Other optional information

The biggest setback was the break-in in 2013 where thieves removed copper piping and brass fittings, striped the boiler and blower radiators all of which resulted in flooding the building. All this resulted in £40,000 worth of damage.

In June 2015 we suffered a break-in which resulted in damages and losses totalling £7,081 we submitted an Application for Compensation, however to date no compensation has been received. In September 2015 the Police / CPS obtained a successful prosecution against two people: 1-Martin Sorrenson, Age 34, Total Offences to Date 79, Sentence for Break-in at FMHT Premises: 36 weeks imprisonment. 2-Scott Graham, Age 27, Total Offences to Date 77, Sentence for Handling Stolen Goods the property of FMHT: 26 weeks imprisonment.

In April 2016 Chris Lippett of 41 James Watt Terrace, Barrow Island, LA14 2TS agreed to do some building work. He obtained the price and availability of materials from various trade suppliers and was given £1,090 to purchase these materials. Chris Lippett never purchased the materials nor did he do the work. This matter was reported to the Police.

In July 2017 we suffered an assault and theft which resulted in losses totalling £6,000 we submitted an Application for Compensation, however to date no compensation has been received. In December 2017 the Police / CPS obtained a successful prosecution against two people: 1-Dawn Goodwin, Sentence for Theft x2 and burglary at FMHT Premises: 29 months imprisonment. 2-Paula Goodwin, Sentence for Theft x2 and burglary at FMHT: 29 months imprisonment. Taking a conveyance without authority to remain on file for both of them.

In August 2017 we discovered the main wooden beams supporting two roof sections were rotten and at risk of collapse. We have had quotes in excess of £60,000 for which we are trying to source funding for.

In January 2018 thieves stole one of the roof lead valleys and flashing causing £2,000 of damage. This matter was reported to the Police.

It is sad that we still continue to be plagued with vandalism and minor break-ins. These acts of vandalism and break-ins result in damages and losses for which we never receive any compensation.

We engaged advisers, Amethyst Training and Development Ltd, to write a five year business plan. In January 2015 the process of structuring the business plan is ongoing.

### Legal:

Furness Mental Health Trust is a Charitable Incorporated Organisation (CIO), Charity Registration No. 1152986.

The charity has sought, and will continue to seek, advice from Cumbria Voluntary Services (CVS), Cumbria Social Enterprise Partnership, and National Council for Voluntary Organisations (NCVO).

All premises used for client contact will be reviewed for accessibility. Risk assessments will be undertaken where necessary. When premises are hired then insurances and legal implications will be explored.

Accountants: Free advice has been sought from various Accountants and Organisations.

Bankers: HSBC, 104 Duke Street, BARROW-IN-FURNESS, Cumbria, LA14 1LR.

Disclosure &  
Barring Service: Trustees hold DBS Enhanced Certificates.

Insurers: Zurich Insurance PLC, The Zurich Centre, 3000 Parkway, Whiteley, FAREHAM, Hampshire, PO15 7JZ. The charity has Public Liability Insurance £5,000,000, Products Liability £5,000,000, Hirers Liability £2,000,000, Professional Indemnity Insurance, and Employers Liability Insurance.

Solicitors: Chris Barron, Brown Barron Solicitors, 65 Duke Street, BARROW-IN-FURNESS, Cumbria, LA14 1RW.

**FMHT are Members of:**

Cumbria CVS, 27 Spencer Street, CARLISLE, Cumbria CA1 1BE.

National Council for Voluntary Organisations (NCVO), Society Building, 8 All Saints Street, LONDON, N1 9RL.

## Section G Declaration

The trustees declare that they have approved the trustees' report above.

**Signed on behalf of the charity's trustees**

<b>Signature(s)</b>	<i>D Ralph</i>	
<b>Full name(s)</b>	David Ralph	
<b>Position (eg Secretary, Chair, etc)</b>	Chair	
<b>Date</b>	28 March 2020	